EREWHON
ORGANIC GROCER & CAFE

Partial List of Unapproved Grocery Ingredients

- ARTIFICIAL COLORS (not derived from natural foods; chemically engineered to resemble color)
- ARTIFICIAL FLAVORS (not derived from natural foods; chemically engineered to resemble flavor)
- CANOLA OIL
- CORN STACH (GMO-derived if not Organic)
- CORN SYRUP (form of sugar that affects the glycemic index; chemically altered to attain its syrup-like consistency)
- HIGH FRUCTOSE CORN SYRUP (immune-suppressant chemically altered for malleability; GMO causes many health issues)
- MALTODEXTRIN (used as emulsifying agent and is monosaccharaide, an industrial additive and GMO derived)
- MSG = Monosodium Glutamate (Excito toxin which can lead to various neuro disorders)
- NATURAL FLAVORS (must state source)
- POTASSIUM FERROCYANIDE (anti-caking agent known to cause Asthma)
- PROCESSED FLOUR (causes spike in glycemic index, processig strips flour of necessary nutrients)
- PROCESSED SUGAR (suppresses the immune system and is an excito toxin)
- RAPESEED OIL (industrial lubricant and not meant for human consumption)
- SACCHARIN (is known to cause cancer)
- SODIUM BENZOATE (Bio-accumulative and cancer causing food preservative)
- SODIUM NITRATE (food coloring and preservative that can lead to heart disease and possibly cancer)
- SOYBEAN OIL (GMO-derived and contains phytic acid; causes indigestion and allergic reactions)
- YEAST EXTRACT (Excito toxin and another name for Mono-Sodium Glutamate (MSG)

There are many other invisible Genetically Modified Ingredients and Dangerous Foods Additives that are not approved by Erewhon for a full list please e-mail buyers@enfmkt.com.